



ARIZONA STATE UNIVERSITY

Air Force ROTC Orientation Checklist



Be Prepared

Physical Fitness Assessment

- MUST have sports physical and AFROTC Form 28 submitted at Orientation
- PFA consists of
 - Abdominal Circumference (Waist) Measurement
 - 1 minute push-ups
 - 1 minute sit-ups
 - 1.5 mile run

Athletic Attire

- Will be worn to Physical Fitness Training until your Air Force uniform is issued
 - Orientation paperwork completed
 - Form48 (academic plan) completed, signed, and approved
- White, plain crew neck shirt
 - No tank tops or sleeveless shirts
- Black, plain athletic shorts
 - No short-shorts or tight-fighting shorts (spandex/leggings) as the outer-most layer

Business Casual Attire

- Will be worn to Leadership Lab and ROTC class until your Air Force uniform is issued
 - Orientation paperwork completed
 - Form48 (academic plan) completed, signed, and approved
 - DoDMERB medical physical certified
- Both males and females will wear the same attire until a uniform is received
- Khaki slacks, any brand, in a tan or light brown color
- Navy blue short-sleeve polo-style shirt, any brand, can have a conservative logo, i.e. Polo's "horse" or Izod's "alligator"; NO prints or business logos
- Black leather dress shoes; no canvas or sports shoes; no open-toe/heel shoes
- Black socks
- Black belt, with shirt tucked into trousers
- If you do not have the above, consult with Capt Anderson

Military Grooming Standards

- Gentlemen:
 - Clean shaven every morning
 - Hair not touching ears, tapered not to exceed ¼ inch at start of taper
 - No visible piercings to include tongue
- Ladies
 - All hair pulled up, pony-tail is acceptable in fitness attire
 - Conservative make-up and nail polish colors
 - Only one ear ring per ear: diamond; pearl; or gold/silver spherical shape studs



Classes

- Register for Air Force ROTC Classes (see attached handout for which classes to sign up for)

Sports Physical (Bring both of the below)

- AFROTC Form 28
- DoDMERB Worksheet

Birth Certificate or Naturalization Certificate (Bring **both** of the below, you will keep the original)

- Original (if no original, a certified copy from the Clerk or Recorder of Birth State)
- Photocopy of Original

Social Security Card, signed by applicant, NOT a parent (Bring both of the below)

- Original
- Photocopy of Original

Selective Service Number (Males only)

- Copy of Original or Print-out from "Check a Registration" at www.SSS.gov
- Selective Service Number is: _____

SAT/ACT Scores

- All score sheets
- Unofficial copies from test website, high school transcript or college records acceptable

College Transcripts

- Unofficial copies of all college transcripts (Note: we require unofficial record of **EVERY** class ever taken in college - this includes dual enrollment class(es) from high school)

As Applicable: Civil Involvements (information regarding any involvement with civil, school or military authorities since age 13; i.e., traffic citation; detention or suspension; Article 15)

- Event Details (example: speeding, 76 in 65; food fight; minor in possession)
- Date: Month and Year
- Institution issuing finding (city police vs. state police; name of the city, school, or base)
- Result/Outcome (paid fine and amount; in-school suspension)
- Copies of Tickets or Court Results are preferred

As Applicable: Certificates or Documentation demonstrating:

- Junior ROTC
- Civil Air Patrol
- Eagle Scout
- DD Form 214 (prior military enlistment)
- DD Form 785 (prior service academy or officer accession training program)

ASU or Cross-town School Student ID number is: _____

Emergency Contact Information

Name: _____ Phone Number: _____

Address: _____ City, State, Zip: _____

Permanent Address

Phone Number: _____

Address: _____ City, State, Zip: _____

College Address (where you physically live) if different than above

Phone Number: _____

Address: _____ City, State, Zip: _____