Air Force ROTC Orientation Checklist

Be Prepared

Physical Fitness Assessment
- MUST have sports physical and AFROTC Form 28 submitted at Orientation
- PFA consists of
  - Abdominal Circumference (Waist) Measurement
  - 1 minute push-ups
  - 1 minute sit-ups
  - 1.5 mile run

Athletic Attire
- Will be worn to Physical Fitness Training until your Air Force uniform is issued
  - Orientation paperwork completed
  - Form48 (academic plan) completed, signed, and approved
- White, plain crew neck shirt
- Black, plain athletic shorts
- No short-shorts or tight-fighting shorts (spandex/leggings) as the outer-most layer

Business Casual Attire
- Will be worn to Leadership Lab and ROTC class until your Air Force uniform is issued
  - Orientation paperwork completed
  - Form48 (academic plan) completed, signed, and approved
  - DoDMERB medical physical certified
- Both males and females will wear the same attire until a uniform is received
- Khaki slacks, any brand, in a tan or light brown color
- Navy blue short-sleeve polo-style shirt, any brand, can have a conservative logo, i.e. Polo’s “horse” or Izod’s “alligator”; NO prints or business logos
- Black leather dress shoes; no canvas or sports shoes; no open-toe/heel shoes
- Black socks
- Black belt, with shirt tucked into trousers
- If you do not have the above, consult with Capt Anderson

Military Grooming Standards
- Gentlemen:
  - Clean shaven every morning
  - Hair not touching ears, tapered not to exceed ¼ inch at start of taper
  - No visible piercings to include tongue
- Ladies
  - All hair pulled up, pony-tail is acceptable in fitness attire
  - Conservative make-up and nail polish colors
  - Only one ear ring per ear: diamond; pearl; or gold/silver spherical shape studs
To Do

Classes
- Register for Air Force ROTC Classes (see attached handout for which classes to sign up for)

Sports Physical (Bring both of the below)
- AFROTC Form 28
- DoDMERB Worksheet

Birth Certificate or Naturalization Certificate (Bring both of the below, you will keep the original)
- Original (if no original, a certified copy from the Clerk or Recorder of Birth State)
- Photocopy of Original

Social Security Card, signed by applicant, NOT a parent (Bring both of the below)
- Original
- Photocopy of Original

Selective Service Number (Males only)
- Copy of Original or Print-out from “Check a Registration” at www.SSS.gov
- Selective Service Number is: __________________________

SAT/ACT Scores
- All score sheets
- Unofficial copies from test website, high school transcript or college records acceptable

College Transcripts
- Unofficial copies of all college transcripts (Note: we require unofficial record of EVERY class ever taken in college - this includes dual enrollment class(es) from high school)

As Applicable: Civil Involvements (information regarding any involvement with civil, school or military authorities since age 13; i.e., traffic citation; detention or suspension; Article 15)
- Event Details (example: speeding, 76 in 65; food fight; minor in possession)
- Date: Month and Year
- Institution issuing finding (city police vs. state police; name of the city, school, or base)
- Result/Outcome (paid fine and amount; in-school suspension)
- Copies of Tickets or Court Results are preferred

As Applicable: Certificates or Documentation demonstrating:
- Junior ROTC
- Civil Air Patrol
- Eagle Scout
- DD Form 214 (prior military enlistment)
- DD Form 785 (prior service academy or officer accession training program)

ASU or Cross-town School Student ID number is: ____________________________

Emergency Contact Information

Name: ____________________________ Phone Number: ____________________________
Address: ____________________________ City, State, Zip: ____________________________

Permanent Address

Phone Number: ____________________________
Address: ____________________________ City, State, Zip: ____________________________

College Address (where you physically live) if different than above

Phone Number: ____________________________
Address: ____________________________ City, State, Zip: ____________________________